



Kite Flying

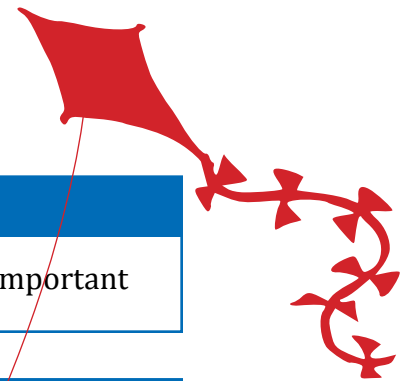
This activity incorporates creating kites, which can extend the duration and learning potential of the activity. See Lets Make Crafts for Physical Activity section of this manual for instructions on how to make kite with everyday household supplies.

Physical activity links Muscular control, motor planning, spatial awareness, kinesthetic awareness

Language/literacy links Learning about gravity and wind, trial and error, predicting

Equipment Homemade kites

Where Outdoors



1. After the kites are built, try and fly them. Running starts are important

Try this way:

- How seriously you approach kite building is up to you. Letting children freely create anything they want to try as a kite provides a valuable learning opportunity, and they will run around a lot trying to get it into the air.
- Try creating more than one kite, or modifying the kite
- Try different ways of launching the kite, such as running really fast or running up a hill

Adapted by Healthy Beginnings 2-5

