



## Rolling Wheels

**Physical activity links** Participating with kids, developing movement skills (hand-eye coordination), co-operative play, predicting

**Language/literacy links** Counting, vocabulary and predicting

- Equipment**
- One hoola-hoop per partner
  - Markers/tees (such as a pylon, bucket, rock, etc.)

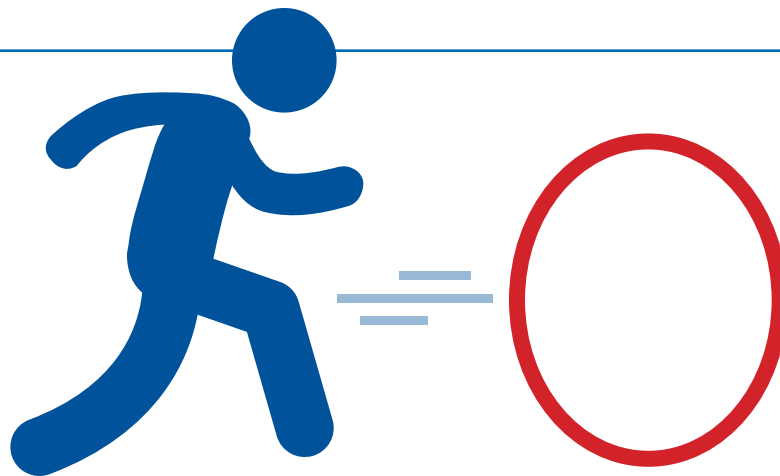
**Where** Outdoors or indoors

### How to:

1. Roll the hula-hoops for the children one at a time (or two at a time in the same direction so that the children don't run into each other)
2. The children run and try catch the hoops before they fall on the ground

### Tips/Modifications:

- To make it more challenging, throw more than one hoop at a time
- Have the children throw a ball through the rolling hoop and then catch the hoop



*Adapted by Healthy Beginnings 2-5*